### Form 990-PF

**Return of Private Foundation**

**or Section 4947(a)(1) Nonexempt Charitable Trust Treated as a Private Foundation**

#### 2010

**For calendar year 2010, or tax year beginning** 7/01, 2010, and ending 6/30, 2011

**G** Check all that apply
- Initial return
- Initial Return of a former public charity
- Amended return
- Address change
- Name change

**H** Check type of organization
- Section 501(c)(3) exempt private foundation
- Section 4947(a)(1) nonexempt charitable trust
- Other taxable private foundation

**I** Fair market value of all assets at end of year (from Part II, column (c), line 16)
- $477,779.

#### Part I Analysis of Revenue and Expenses

<table>
<thead>
<tr>
<th>(a) Revenue and expenses per books</th>
<th>(b) Net investment income</th>
<th>(c) Adjusted net income</th>
<th>(d) Disbursements for charitable purposes (cash basis only)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions, gifts, grants, etc. received (all sch)</td>
<td>5,261.</td>
<td>580.</td>
<td>580.</td>
</tr>
<tr>
<td>Gross rents</td>
<td>580.</td>
<td>580.</td>
<td>580.</td>
</tr>
<tr>
<td>Dividends and interest from securities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gross rental income or (loss)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net gain/(loss) from sale of assets not on line 10</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gross sales price for all assets on line 6a</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Capital gain net income (from Part IV line 2)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net short-term capital gain</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Income modifications</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gross sales less returns and allowances</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gross profit/(loss) (alt sch)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other income (attach schedule)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total. Add lines 1 through 11</td>
<td>5,841.</td>
<td>580.</td>
<td>580.</td>
</tr>
<tr>
<td>Compensation of officers, directors, trustees, etc</td>
<td>0.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other employee salaries and wages</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pension plans, employee benefits</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Legal fees (attach schedule)</td>
<td>SEE ST</td>
<td>225.</td>
<td>225.</td>
</tr>
<tr>
<td>Accounting fees (attach sch)</td>
<td>SEE ST</td>
<td>1,500.</td>
<td>1,500.</td>
</tr>
<tr>
<td>Other prof fees (attach sch)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interest</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Taxes (attach schedule)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Depreciation (attach sch) and depletion</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Occupancy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Travel, conferences, and meetings</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Printing and publications</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other expenses (attach schedule)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total operating and administrative expenses. Add lines 13 through 23</td>
<td>SEE STATEMENT</td>
<td>1,776.</td>
<td>1,776.</td>
</tr>
<tr>
<td>Contributions, gifts, grants, etc. paid</td>
<td>191,000.</td>
<td>191,000.</td>
<td></td>
</tr>
<tr>
<td>Total expenses and disbursements. Add lines 24 and 25</td>
<td>192,776.</td>
<td>0.</td>
<td>0.</td>
</tr>
</tbody>
</table>

**E E E**

### Notes

- The foundation may be able to use a copy of this return to satisfy state reporting requirements.

- For calendar year 2010, or tax year beginning 7/01, 2010, and ending 6/30, 2011.

- Check all that apply.
- Initial return
- Initial Return of a former public charity
- Amended return
- Address change
- Name change

- Employer identification number: 22-3936343
- Telephone number (see the instructions): 847-252-4310

- If exemption application is pending, check here:
- Foreign organizations, check here:
- If private foundation status was terminated under section 507(b)(1)(A), check here:

- Fair market value of all assets at end of year (from Part II, column (c), line 16): $477,779.

- Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see the instructions)).

- Contributions, gifts, grants, etc. received (all sch): 5,261.
- Gross rents: 580.
- Dividends and interest from securities: 580.
- Gross rental income or (loss): 580.
- Net gain/(loss) from sale of assets not on line 10: 580.
- Gross sales price for all assets on line 6a: 580.
- Capital gain net income (from Part IV line 2): 580.
- Income modifications: 580.
- Gross sales less returns and allowances: 580.
- Other income (attach schedule): 580.
- Total. Add lines 1 through 11: 5,841.
- Compensation of officers, directors, trustees, etc: 0.
- Other employee salaries and wages: 0.
- Pension plans, employee benefits: 0.
- Legal fees (attach schedule): 225.
- Accounting fees (attach sch): 1,500.
- Other prof fees (attach sch): 0.
- Total operating and administrative expenses. Add lines 13 through 23: 1,776.
- Contributions, gifts, grants, etc. paid: 191,000.
- Total expenses and disbursements. Add lines 24 and 25: 192,776.
### Part II Balance Sheets

<table>
<thead>
<tr>
<th></th>
<th>Attached schedules and amounts in the description column should be for end-of-year amounts only (See instructions)</th>
<th>Beginning of year</th>
<th>End of year</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(a) Book Value</td>
<td>(b) Book Value</td>
</tr>
<tr>
<td>1</td>
<td>Cash — non-interest-bearing</td>
<td>572.</td>
<td>572.</td>
</tr>
<tr>
<td>3</td>
<td>Accounts receivable</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less allowance for doubtful accounts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>pledges receivable</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less allowance for doubtful accounts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Grants receivable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see the instructions)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Other notes and loans receivable (attach sch)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Inventories for sale or use</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Prepaid expenses and deferred charges</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Investments — U S and state government obligations (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Investments — corporate stock (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Investments — corporate bonds (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Investments — land, buildings, and equipment basis</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less accumulated depreciation (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Investments — mortgage loans</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Investments — other (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Land, buildings, and equipment basis</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less accumulated depreciation (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Other assets (describe)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Total assets (to be completed by all filers — see instructions. Also, see page 1, item I)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Accounts payable and accrued expenses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Grants payable</td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Deferred revenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Loans from officers, directors, trustees, &amp; other disqualified persons</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Mortgages and other notes payable (attach schedule)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Other liabilities (describe)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Total liabilities (add lines 17 through 22)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Foundations that follow SFAS 117, check here and complete lines 24 through 26 and lines 30 and 31.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Unrestricted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Temporarily restricted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td>Permanently restricted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>Capital stock, trust principal, or current funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>Paid-in or capital surplus, or land, building, and equipment fund</td>
<td></td>
<td></td>
</tr>
<tr>
<td>29</td>
<td>Retained earnings, accumulated income, endowment, or other funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>Total net assets or fund balances (see the instructions)</td>
<td>665,554.</td>
<td>478,619.</td>
</tr>
<tr>
<td>31</td>
<td>Total liabilities and net assets/fund balances (see the instructions)</td>
<td>665,554.</td>
<td>478,619.</td>
</tr>
</tbody>
</table>

### Part III Analysis of Changes in Net Assets or Fund Balances

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>1—Net Assets Fund Balances at Beginning of Year</th>
<th>2—Enter amount from Part I, line 27a</th>
<th>3—Other increases not included in line 2 (itemize)</th>
<th>4—Add lines 1, 2, and 3</th>
<th>5—Decreases not included in line 2 (itemize)</th>
<th>6—Total net assets or fund balances at end of year (line 4 minus line 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Total net assets or fund balances at beginning of year — Part II, column (a), line 30 (must agree with end-of-year figure reported on prior year’s return)</td>
<td>665,554.</td>
<td>-186,935.</td>
<td>478,619.</td>
<td>478,619.</td>
<td>478,619.</td>
<td>478,619.</td>
</tr>
</tbody>
</table>

Form 990-PF (2010) NATURAL HEALTH RESEARCH FOUNDATION 22-3936343 Page 2
**Part IV  Capital Gains and Losses for Tax on Investment Income**

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse, or common stock, 200 shares MLC Company)

(b) How acquired

<table>
<thead>
<tr>
<th></th>
<th>P - Purchase</th>
<th>D - Donation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(c) Date acquired (month, day, year)

(d) Date sold (month, day, year)

(e) Gross sales price

(f) Depreciation allowed (or allowable)

(g) Cost or other basis plus expense of sale

(h) Gain or (loss) (e) plus (f) minus (g)

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69

(i) Fair Market Value as of 12/31/69

(j) Adjusted basis as of 12/31/69

(k) Excess of column (i) over column (j), if any

(l) Gains (Column (h) gain minus column (k), but not less than -0-) or Losses (from column (h))

2 Capital gain net income or (net capital loss)

If gain, also enter in Part I, line 7

If (loss), enter -0- in Part I, line 7

2

3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6)

If gain, also enter in Part I, line 8, column (c) (see the instructions) If (loss), enter -0-

in Part I, line 8

3

**Part V  Qualification Under Section 4940(e) for Reduced Tax on Net Investment Income**

(For optional use by domestic private foundations subject to the section 4940(a) tax on net investment income)

If section 4940(d)(2) applies, leave this part blank

Was the foundation liable for the section 4942 tax on the distributable amount of any year in the base period?  

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1 Enter the appropriate amount in each column for each year, see the instructions before making any entries

<table>
<thead>
<tr>
<th>Base period years Calendar year (or tax year beginning in)</th>
<th>Adjusted qualifying distributions</th>
<th>Net value of noncharitable-use assets</th>
<th>Distribution ratio (column (b) divided by column (c))</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009</td>
<td>32,036.</td>
<td>560,322.</td>
<td>0.057174</td>
</tr>
<tr>
<td>2008</td>
<td>100.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2007</td>
<td>60.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2006</td>
<td>5,062.</td>
<td>98.</td>
<td>51.653061</td>
</tr>
<tr>
<td>2005</td>
<td>3,000.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2 Total of line 1, column (d)  

2 51.710235

3 Average distribution ratio for the 5-year base period—divide the total on line 2 by 5, or by the number of years the foundation has been in existence if less than 5 years  

3 10.342047

4 Enter the net value of noncharitable-use assets for 2010 from Part X, line 5  

4 593,962.

5 Multiply line 4 by line 3  

5 6,142,783.

6 Enter 1% of net investment income (1% of Part I, line 27b)  

6 6.

7 Add lines 5 and 6  

7 6,142,789.

8 Enter qualifying distributions from Part XII, line 4  

8 192,776.

If line 8 is equal to or greater than line 7, check the box in Part VI, line 1b, and complete that part using a 1% tax rate. See the Part VI instructions.

BAA

22-3936343 Page 3
**Form 990-PF (2010) NATURAL HEALTH RESEARCH FOUNDATION 22-3936343 Page 4**

### Part VI - Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948 – see the instructions)

1. **Exempt operating foundations described in section 4940(d)(2), check here □ and enter 'N/A' on line 1.**
   - Date of ruling or determination letter (attach copy of letter if necessary – see instr.)
   - Domestic foundations that meet the section 4940(e) requirements in Part V, check here □ and enter 1% of Part I, line 27b
   - All other domestic foundations enter 2% of line 27b
   - Exempt foreign organizations enter 4% of Part I, line 12, column (b)

2. **Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)**
   - Enter any penalty for underpayment of estimated tax. Check here □ if Form 2220 is attached

3. **Tax due.** If the total of lines 5 and 8 is more than line 7, enter amount owed

4. **Overpayment.** If line 7 is more than the total of lines 5 and 8, enter the amount overpaid

5. **Enter the amount of line 10 to be Credited to 2011 estimated tax.**

### Part VII A | Statements Regarding Activities

1. **During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?**
   - Did it spend more than $100 during the year (either directly or indirectly) for political purposes (see the instructions for definition)?
   - If the answer is 'Yes' to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities
   - Did the foundation file Form 1120-POL for this year?
   - Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year
   - On the foundation ▷ $0. (2) On foundation managers ▷ $0.

2. **Has the foundation engaged in any activities that have not previously been reported to the IRS?**
   - If 'Yes,' attach a detailed description of the activities

3. **Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If 'Yes,' attach a conformed copy of the changes

4. **If 'Yes,' has it filed a tax return on Form 990-T for this year?**

5. **Was there a liquidation, termination, dissolution, or substantial contraction during the year?**
   - If 'Yes,' attach the statement required by General Instruction T

6. **Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either**
   - By language in the governing instrument, or
   - By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?

7. **Did the foundation have at least $5,000 in assets at any time during the year? If 'Yes,' complete Part II, column (c), and Part XV

8. **Enter the states to which the foundation reports or with which it is registered (see the instructions)**

---

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a</td>
<td>X</td>
</tr>
<tr>
<td>1b</td>
<td>X</td>
</tr>
<tr>
<td>1c</td>
<td>X</td>
</tr>
<tr>
<td>2</td>
<td>X</td>
</tr>
<tr>
<td>3</td>
<td>X</td>
</tr>
<tr>
<td>4a</td>
<td>X</td>
</tr>
<tr>
<td>4b</td>
<td>N/A</td>
</tr>
<tr>
<td>5</td>
<td>X</td>
</tr>
<tr>
<td>6</td>
<td>X</td>
</tr>
<tr>
<td>7</td>
<td>X</td>
</tr>
<tr>
<td>8b</td>
<td>X</td>
</tr>
<tr>
<td>9</td>
<td>X</td>
</tr>
<tr>
<td>10</td>
<td>X</td>
</tr>
</tbody>
</table>
**Part VII-A Statements Regarding Activities (Continued)**

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>11 At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If 'Yes', attach schedule (see instructions)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>12 Did the foundation acquire a direct or indirect interest in any applicable insurance contract before August 17, 2008?</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>13 Did the foundation comply with the public inspection requirements for its annual returns and exemption application?</td>
<td></td>
<td>X</td>
</tr>
<tr>
<td>Website address</td>
<td></td>
<td>N/A</td>
</tr>
<tr>
<td>14 The books are in care of AMY LEGASPI Telephone no 847-252-4310</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Located at 3200 W. HIGGINS RD HOFFMAN ESTATES IL ZIP 60169</td>
<td></td>
<td></td>
</tr>
<tr>
<td>15 Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041—Check here and enter the amount of tax-exempt interest received or accrued during the year</td>
<td>N/A</td>
<td></td>
</tr>
<tr>
<td>16 At any time during calendar year 2010, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

**Part VII-B Statements Regarding Activities for Which Form 4720 May Be Required**

File Form 4720 if any item is checked in the 'Yes' column, unless an exception applies.

| 1a During the year did the foundation (either directly or indirectly) (1) Engage in the sale or exchange, or leasing of property with a disqualified person? | Yes | No |
| (2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person? | Yes | No |
| (3) Furnish goods, services, or facilities to (or accept them from) a disqualified person? | Yes | No |
| (4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person? | Yes | No |
| (5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)? | Yes | No |
| (6) Agree to pay money or property to a government official? (Exception. Check 'No' if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.) | Yes | No |

b If any answer is 'Yes' to 1a(1)-(6), did any of the acts fail to qualify under the exceptions described in Regulations section 53 4941(d)-3 or in a current notice regarding disaster assistance (see the instructions)? Organizations relying on a current notice regarding disaster assistance check here.

c Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2010? | Yes | No |

2 Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5))

| 2a At the end of tax year 2010, did the foundation have any undistributed income (lines 6d and 6e, Part XIII) for tax year(s) beginning before 2010? | Yes | No |
| b Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer 'No' and attach statement—see the instructions.) | Yes | No |
| c If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here | Yes | No |

| 3a Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year? | Yes | No |
| b If 'Yes,' did it have excess business holdings in 2010 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969, (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest, or (3) the lapse of the 10-, 15-, or 20-year first phase holding period? (Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2010.) | Yes | No |
| 4a Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes? | Yes | No |
| b Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2010? | Yes | No |

**BAA** Form 990-PF (2010)

TSEA0305L 02/16/11
Part VII-B  Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a During the year did the foundation pay or incur any amount to

(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))? ☐ Yes ☒ No

(2) Influence the outcome of any specific public election (see section 4955), or to carry on, directly or indirectly, any voter registration drive? ☐ Yes ☒ No

(3) Provide a grant to an individual for travel, study, or other similar purposes? ☐ Yes ☒ No

(4) Provide a grant to an organization other than a charitable, etc, organization described in section 509(a)(1), (2), or (3), or section 4940(d)(2)? (see instructions) ☐ Yes ☒ No

(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals? ☐ Yes ☒ No

b If any answer is 'Yes' to 5a(1)-(5), did any of the transactions fail to qualify under the exceptions described in Regulations section 534945 or in a current notice regarding disaster assistance (see instructions)?

Organizations relying on a current notice regarding disaster assistance check here ☐ Yes ☒ No

5b N/A

6a Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? ☒ Yes ☐ No

b Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? ☐ Yes ✗ No

6b X

7a At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction? ☐ Yes ☒ No

b If yes, did the foundation receive any proceeds or have any net income attributable to the transaction? N/A 7b

Part VIII  Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation (see instructions).

(a) Name and address

(b) Title and average hours per week devoted to position

(c) Compensation (If not paid, enter '-0-')

(d) Contributions to employee benefit plans and deferred compensation

(e) Expense account, other allowances

<table>
<thead>
<tr>
<th>(a) Name and address</th>
<th>(b) Title and average hours per week devoted to position</th>
<th>(c) Compensation (If not paid, enter '-0-')</th>
<th>(d) Contributions to employee benefit plans and deferred compensation</th>
<th>(e) Expense account, other allowances</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEE STATEMENT 6</td>
<td></td>
<td>0.</td>
<td>0.</td>
<td>0.</td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter 'NONE.'

(a) Name and address of each employee paid more than $50,000

(b) Title and average hours per week devoted to position

(c) Compensation

(d) Contributions to employee benefit plans and deferred compensation

(e) Expense account, other allowances

NONE

Total number of other employees paid over $50,000

0
### Part VIII Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors (continued)

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter 'NONE'.

<table>
<thead>
<tr>
<th>(a) Name and address of each person paid more than $50,000</th>
<th>(b) Type of service</th>
<th>(c) Compensation</th>
</tr>
</thead>
<tbody>
<tr>
<td>NONE</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total number of others receiving over $50,000 for professional services: 0

### Part IX-A Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.

<table>
<thead>
<tr>
<th></th>
<th>Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>N/A</td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
</tr>
</tbody>
</table>

### Part IX-B Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.

<table>
<thead>
<tr>
<th></th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>N/A</td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

All other program-related investments See instructions

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

Total. Add lines 1 through 3: 0.
**Part X: Minimum Investment Return**

(All domestic foundations must complete this part. Foreign foundations, see instructions.)

1. Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes
   - Averagemonthlyfair market value of securities
     - **1a** 98,780.
   - Averageof monthly cash balances
     - **1b** 504,227.
   - Fair market value of all other assets (see instructions)
     - **1c**
   - **Total (add lines 1a, b, and c)**
     - **1d** 603,007.
   - Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation)
     - **1e** 0.

2. Acquisition indebtedness applicable to line 1 assets
   - **2**

3. Subtract line 2 from line 1d
   - **3**

4. Cash deemed held for charitable activities Enter 1-1/2% of line 3 (for greater amount, see instructions)
   - **4** 9,045.

5. **Net value of noncharitable-use assets. Subtract line 4 from line 3** Enter here and on Part V, line 4
   - **5** 593,962.

6. Minimum investment return. Enter 5% of line 5
   - **6** 29,698.

**Part XI: Distributable Amount** (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here □ and do not complete this part.)

1. Minimum investment return from Part X, line 6
   - **1** 29,698.

2. a Tax on investment income for 2010 from Part VI, line 5
   - **2a**
   - b Income tax for 2010 (This does not include the tax from Part VI)
     - **2b**
   - c Add lines 2a and 2b
     - **2c**

3. Distributable amount before adjustments Subtract line 2c from line 1
   - **3** 29,686.

4. Recoveries of amounts treated as qualifying distributions
   - **4**

5. Add lines 3 and 4
   - **5** 29,686.

6. Deduction from distributable amount (see instructions)
   - **6**

7. Distributable amount as adjusted Subtract line 6 from line 5 Enter here and on Part XIII, line 1
   - **7** 29,686.

**Part XII: Qualifying Distributions** (see instructions)

1. Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes
   - a Expenses, contributions, gifts, etc. — total from Part I, column (d), line 26
     - **1a** 192,776.
   - b Program-related investments — total from Part IX-B
     - **1b**

2. Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes
   - **2**

3. Amounts set aside for specific charitable projects that satisfy the
   - a Suitability test (prior IRS approval required)
     - **3a**
   - b Cash distribution test (attach the required schedule)
     - **3b**

4. Qualifying distributions Add lines 1a through 3b Enter here and on Part V, line 8, and Part XIII, line 4
   - **4** 192,776.

5. Foundations that qualify under section 4940(e) for the reduced rate of tax on net investment income Enter 1% of Part I, line 27b (see instructions)
   - **5**

6. Adjusted qualifying distributions Subtract line 5 from line 4
   - **6** 192,776.

Note. The amount on line 6 will be used in Part V, column (b), in subsequent years when calculating whether the foundation qualifies for the section 4940(e) reduction of tax in those years.
### Part XIII | Undistributed Income (see instructions)

<table>
<thead>
<tr>
<th></th>
<th>(a)</th>
<th>(b)</th>
<th>(c)</th>
<th>(d)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Distributable amount for 2010 from Part XI, line 7</td>
<td></td>
<td></td>
<td>29,686.</td>
</tr>
<tr>
<td>2</td>
<td>Undistributed income, if any, as of the end of 2010</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>a Enter amount for 2009 only</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b Total for prior years</td>
<td>20__, 20__, 20__</td>
<td></td>
<td>0.</td>
</tr>
<tr>
<td>3</td>
<td>Excess distributions carryover, if any, to 2010</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>a From 2005</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b From 2006</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c From 2007</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>d From 2008</td>
<td>100.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>e From 2009</td>
<td>4,021</td>
<td></td>
<td></td>
</tr>
<tr>
<td>f</td>
<td>Total of lines 3a through e</td>
<td>4,121</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Qualifying distributions for 2010 from Part XII, line 4</td>
<td>$192,776.</td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>a Applied to 2009, but not more than line 2a</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>b Applied to undistributed income of prior years (Election required — see instructions)</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>c Treated as distributions out of corpus (Election required — see instructions)</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>d Applied to 2010 distributable amount</td>
<td></td>
<td></td>
<td>29,686.</td>
</tr>
<tr>
<td></td>
<td>e Remaining amount distributed out of corpus</td>
<td>163,090</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Excess distributions carryover applied to 2010</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(If an amount appears in column (d), the same amount must be shown in column (a).)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Enter the net total of each column as indicated below:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a Corpus Add lines 3f, 4c, and 4e</td>
<td>167,211</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b Prior years' undistributed income Subtract line 4b from line 2b</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>d Subtract line 6c from line 6b</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>e Undistributed income for 2009 Subtract line 4a from line 2a</td>
<td>0.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>f Undistributed income for 2010 Subtract lines 4d and 5 from line 1</td>
<td>This amount must be distributed in 2011</td>
<td></td>
<td>0.</td>
</tr>
<tr>
<td>7</td>
<td>Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (see instructions)</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Excess distributions carryover from 2005 not applied on line 5 or line 7 (see instructions)</td>
<td></td>
<td>0.</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Excess distributions carryover to 2011. Subtract lines 7 and 8 from line 6a</td>
<td>167,211</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Analysis of line 9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a Excess from 2006</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b Excess from 2007</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c Excess from 2008</td>
<td>100.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>d Excess from 2009</td>
<td>4,021</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>e Excess from 2010</td>
<td>163,090</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Part XIV | Private Operating Foundations (see instructions and Part VII-A, question 9)

1a If the foundation has received a ruling or determination letter that it is a private operating foundation, and the ruling is effective for 2010, enter the date of the ruling.

- Check box to indicate whether the foundation is a private operating foundation described in sections 4942(j)(3) or 4942(j)(5)

2a Enter the lesser of the adjusted net income from Part I or the minimum investment return from Part X for each year listed:

- 85% of line 2a
- Qualifying distributions from Part XII, line 4 for each year listed
- Amounts included in line 2c not used directly for active conduct of exempt activities
- Qualifying distributions made directly for active conduct of exempt activities

#### Tax Year and Prior 3 Years

<table>
<thead>
<tr>
<th></th>
<th>(a) 2010</th>
<th>(b) 2009</th>
<th>(c) 2008</th>
<th>(d) 2007</th>
<th>(e) Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3. Complete 3a, b, or c for the alternative test relied upon:

- a 'Assets' alternative test — enter
  1. Value of all assets
  2. Value of assets qualifying under section 4942(j)(3)(B)(i)
- b 'Endowment' alternative test — enter 2/3 of minimum investment return shown in Part X, line 6 for each year listed
- c 'Support' alternative test — enter
  1. Total support other than gross investment income (interest, dividends, rents, payments on securities loans (section 512(a)(5)), or royalties)
  2. Support from general public and 5 or more exempt organizations as provided in section 4942(j)(3)(B)(ii)
  3. Largest amount of support from an exempt organization
  4. Gross investment income

### Part XV | Supplementary Information (Complete this part only if the organization had $5,000 or more in assets at any time during the year — see instructions.)

1. Information Regarding Foundation Managers:
   - a List any managers of the foundation who have contributed more than 2% of the total contributions received by the foundation before the close of any tax year (but only if they have contributed more than $5,000) (See section 507(d)(2))
     NONE
   - b List any managers of the foundation who own 10% or more of the stock of a corporation (or an equally large portion of the ownership of a partnership or other entity) of which the foundation has a 10% or greater interest
     NONE

2. Information Regarding Contribution, Grant, Gift, Loan, Scholarship, etc, Programs:

   - Check here X if the foundation only makes contributions to preselected charitable organizations and does not accept unsolicited requests for funds. If the foundation makes gifts, grants, etc. (see instructions) to individuals or organizations under other conditions, complete items 2a, b, c, and d

   - a The name, address, and telephone number of the person to whom applications should be addressed

   - b The form in which applications should be submitted and information and materials they should include

   - c Any submission deadlines

   - d Any restrictions or limitations on awards, such as by geographical areas, charitable fields, kinds of institutions, or other factors
3 Grants and Contributions Paid During the Year or Approved for Future Payment

<table>
<thead>
<tr>
<th>Recipient</th>
<th>If recipient is an individual, show any relationship to any foundation manager or substantial contributor</th>
<th>Foundation status of recipient</th>
<th>Purpose of grant or contribution</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>a Paid during the year</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total ► 3a

b Approved for future payment

Total ► 3b
### Part XVI-A Analysis of Income-Producing Activities

Enter gross amounts unless otherwise indicated

<table>
<thead>
<tr>
<th>#</th>
<th>Description</th>
<th>Unrelated business income</th>
<th>Excluded by section 512, 513, or 514</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>(a) Business code</td>
<td>(b) Amount</td>
</tr>
<tr>
<td>1</td>
<td>Program service revenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>d.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>e.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>f.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>g. Fees and contracts from government agencies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Membership dues and assessments</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Interest on savings and temporary cash investments</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Dividends and interest from securities</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>523000</td>
<td>580.</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Net rental income or (loss) from real estate</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a. Debt-financed property</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b. Not debt-financed property</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Net rental income or (loss) from personal property</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Other investment income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Gain or (loss) from sales of assets other than inventory</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Net income or (loss) from special events</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Gross profit or (loss) from sales of inventory</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Other investment income</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>a.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>b.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>c.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>d.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>e.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Subtotal Add columns (b), (d), and (e)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>580.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Total. Add line 12, columns (b), (d), and (e)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>13</td>
<td>580.</td>
<td></td>
</tr>
</tbody>
</table>

(See worksheet in line 13 instructions to verify calculations.)

### Part XVI-B Relationship of Activities to the Accomplishment of Exempt Purposes

Line No. ▼ Explain below how each activity for which income is reported in column (e) of Part XVI-A contributed importantly to the accomplishment of the foundation's exempt purposes (other than by providing funds for such purposes) (See the instructions)

<table>
<thead>
<tr>
<th>#</th>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

(Additional lines for explanation could be added as needed.)
Part XVII Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

1. Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) of the Code (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?
   a. Transfers from the reporting foundation to a noncharitable exempt organization of
      (1) Cash
      (2) Other assets
   b. Other transactions
      (1) Sales of assets to a noncharitable exempt organization
      (2) Purchases of assets from a noncharitable exempt organization
      (3) Rental of facilities, equipment, or other assets
      (4) Reimbursement arrangements
      (5) Loans or loan guarantees
      (6) Performance of services or membership or fundraising solicitations
   c. Sharing of facilities, equipment, mailing lists, other assets, or paid employees

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a(1)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1a(2)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(1)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(2)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(3)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(4)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(5)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1b(6)</td>
<td>X</td>
<td></td>
</tr>
<tr>
<td>1c</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

2. Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) of the Code (other than section 501(c)(3)) or in section 527?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2a</td>
<td>X</td>
<td></td>
</tr>
</tbody>
</table>

b. If 'Yes,' complete the following schedule:

<table>
<thead>
<tr>
<th>(a) Name of organization</th>
<th>(b) Type of organization</th>
<th>(c) Description of relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Under penalties of perjury, I declare that I have examined this return, including accompanying schedule(s), and found them correct and complete. Declaration of preparer (other than taxpayer or fiduciary) is based on a good faith belief that the statements are true, correct, and complete.

Signature of officer or trustee

Preparer

Firm’s name: CHRISTOPHER PORTERA
Firm’s address: 666 DUNDEE ROAD, SUITE 400
NORTHBROOK, IL 60062-2733
Paid Preparer: PBG FINANCIAL SERVICES LTD

BAA
Schedule B
(Form 990, 990-EZ, or 990-PF)

Schedule of Contributors
Attach to Form 990, 990-EZ, or 990-PF

2010

Name of the organization
NATURAL HEALTH RESEARCH FOUNDATION

Employer identification number
22-3936343

Organization type (check one)

Filers of:
Form 990 or 990-EZ

Section:
☐ 501(c)(____) (enter number) organization
☐ 4947(a)(1) nonexempt charitable trust not treated as a private foundation
☐ 527 political organization

Form 990-PF

☒ 501(c)(3) exempt private foundation
☐ 4947(a)(1) nonexempt charitable trust treated as a private foundation
☐ 501(c)(3) taxable private foundation

Check if your organization is covered by the General Rule or a Special Rule
Note. Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions

General Rule
☒ For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, $5,000 or more (in money or property) from any one contributor (Complete Parts I and II)

Special Rules
☐ For a section 501(c)(3) organization filing Form 990 or 990-EZ, that met the 33-1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), and received from any one contributor, during the year, a contribution of the greater of (1) $5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h or (ii) Form 990-EZ, line 1. Complete Parts I and II

☐ For a section 501(c)(7), (8), or (10) organization filing Form 990 or 990-EZ, that received from any one contributor, during the year, aggregate contributions of more than $1,000 for use exclusively for religious, charitable, scientific, literary, or educational purposes, or the prevention of cruelty to children or animals. Complete Parts I, II, and III

☐ For a section 501(c)(7), (8), or (10) organization filing Form 990 or 990-EZ, that received from any one contributor, during the year, contributions for use exclusively for religious, charitable, etc, purposes, but these contributions did not aggregate to more than $1,000. If this box is checked, enter here the total contributions that were received during the year for an exclusively religious, charitable, etc, purpose. Do not complete any of the parts unless the General Rule applies to this organization because it received nonexclusively religious, charitable, etc, contributions of $5,000 or more during the year

Caution: An organization that is not covered by the General Rule and/or the Special Rules does not file Schedule B (Form 990, 990-EZ, or 990-PF) but it must answer 'No' on Part IV, line 2 of their Form 990, or check the box on line H of its Form 990-EZ, or on line 2 of its Form 990-PF, to certify that it does not meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF)

BAA For Paperwork Reduction Act Notice, see the Instructions for Form 990, 990EZ, or 990-PF.

Schedule B (Form 990, 990-EZ, or 990-PF) (2010)

TEEA0701L 12/28/10
### Part I Contributors (see instructions)

<table>
<thead>
<tr>
<th>(a) Number</th>
<th>(b) Name, address, and ZIP + 4</th>
<th>(c) Aggregate contributions</th>
<th>(d) Type of contribution</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>MHR MANAGEMENT CO.</td>
<td>$ 5,000</td>
<td>Person X Noncash</td>
</tr>
<tr>
<td></td>
<td>3200 W. HIGGINS RD HOFFMAN ESTATES, IL 60169</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(a) Number</td>
<td>(b) Name, address, and ZIP + 4</td>
<td>(c) Aggregate contributions</td>
<td>(d) Type of contribution</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$</td>
<td></td>
</tr>
<tr>
<td>(a) Number</td>
<td>(b) Name, address, and ZIP + 4</td>
<td>(c) Aggregate contributions</td>
<td>(d) Type of contribution</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$</td>
<td></td>
</tr>
<tr>
<td>(a) Number</td>
<td>(b) Name, address, and ZIP + 4</td>
<td>(c) Aggregate contributions</td>
<td>(d) Type of contribution</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$</td>
<td></td>
</tr>
<tr>
<td>(a) Number</td>
<td>(b) Name, address, and ZIP + 4</td>
<td>(c) Aggregate contributions</td>
<td>(d) Type of contribution</td>
</tr>
<tr>
<td></td>
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<td>$</td>
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</tbody>
</table>

(Complete Part II if there is a noncash contribution)
<table>
<thead>
<tr>
<th>(a) No. from Part I</th>
<th>(b) Description of noncash property given</th>
<th>(c) FMV (or estimate) (see instructions)</th>
<th>(d) Date received</th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
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<td></td>
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</tbody>
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<table>
<thead>
<tr>
<th>(a) No. from Part I</th>
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<tbody>
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<th>(d) Date received</th>
</tr>
</thead>
<tbody>
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<table>
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<tbody>
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<tbody>
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<tbody>
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</table>

<table>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

BAA
### Part III

**Exclusively religious, charitable, etc, individual contributions to section 501(c)(7), (8), or (10) organizations aggregating more than $1,000 for the year.** Complete cols (a) through (e) and the following line entry.

For organizations completing Part III, enter total of *exclusively* religious, charitable, etc, contributions of $1,000 or less for the year (Enter this information once. See instructions.)

<table>
<thead>
<tr>
<th>(a) No. from Part I</th>
<th>(b) Purpose of gift</th>
<th>(c) Use of gift</th>
<th>(d) Description of how gift is held</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
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</tbody>
</table>

(e) Transfer of gift

<table>
<thead>
<tr>
<th>Transferee's name, address, and ZIP + 4</th>
<th>Relationship of transferor to transferee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>(a) No. from Part I</th>
<th>(b) Purpose of gift</th>
<th>(c) Use of gift</th>
<th>(d) Description of how gift is held</th>
</tr>
</thead>
<tbody>
<tr>
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<tr>
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</tr>
</tbody>
</table>

(e) Transfer of gift

<table>
<thead>
<tr>
<th>Transferee's name, address, and ZIP + 4</th>
<th>Relationship of transferor to transferee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>(a) No. from Part I</th>
<th>(b) Purpose of gift</th>
<th>(c) Use of gift</th>
<th>(d) Description of how gift is held</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
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</tr>
</tbody>
</table>

(e) Transfer of gift

<table>
<thead>
<tr>
<th>Transferee's name, address, and ZIP + 4</th>
<th>Relationship of transferor to transferee</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
<tr>
<td>STATEMENT 1</td>
<td>FORM 990-PF, PART I, LINE 16A</td>
</tr>
<tr>
<td>-------------</td>
<td>--------------------------------</td>
</tr>
<tr>
<td>LEGAL FEES</td>
<td></td>
</tr>
<tr>
<td>(A) EXPENSES</td>
<td>(B) NET INVESTMENT</td>
</tr>
<tr>
<td>PER BOOKS</td>
<td>INCOME</td>
</tr>
<tr>
<td>------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>$ 225.</td>
<td>$ 225.</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$ 225.</td>
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</table>

<table>
<thead>
<tr>
<th>STATEMENT 2</th>
<th>FORM 990-PF, PART I, LINE 16B</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACCOUNTING FEES</td>
<td></td>
</tr>
<tr>
<td>(A) EXPENSES</td>
<td>(B) NET INVESTMENT</td>
</tr>
<tr>
<td>PER BOOKS</td>
<td>INCOME</td>
</tr>
<tr>
<td>------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>$ 1,500.</td>
<td>$ 1,500.</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$ 1,500.</td>
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<table>
<thead>
<tr>
<th>STATEMENT 3</th>
<th>FORM 990-PF, PART I, LINE 23</th>
</tr>
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<tbody>
<tr>
<td>OTHER EXPENSES</td>
<td></td>
</tr>
<tr>
<td>(A) EXPENSES</td>
<td>(B) NET INVESTMENT</td>
</tr>
<tr>
<td>PER BOOKS</td>
<td>INCOME</td>
</tr>
<tr>
<td>------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>$ 51.</td>
<td>$ 51.</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$ 51.</td>
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</table>

<table>
<thead>
<tr>
<th>STATEMENT 4</th>
<th>FORM 990-PF, PART I, LINE 25</th>
</tr>
</thead>
<tbody>
<tr>
<td>CONTRIBUTIONS, GIFTS, AND GRANTS</td>
<td></td>
</tr>
</tbody>
</table>

**CASH GRANTS AND ALLOCATIONS**

<table>
<thead>
<tr>
<th>CLASS OF ACTIVITY:</th>
<th>DONATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>DONEE'S NAME:</td>
<td>BRIGHT HOPE INTERNATIONAL</td>
</tr>
<tr>
<td>DONEE'S ADDRESS:</td>
<td>2060 STONINGTON AVENUE</td>
</tr>
<tr>
<td></td>
<td>HOFFMAN ESTATES, IL 60169</td>
</tr>
<tr>
<td>RELATIONSHIP OF DONEE:</td>
<td>NONE</td>
</tr>
<tr>
<td>ORGANIZATIONAL STATUS OF DONEE:</td>
<td>CHARITABLE</td>
</tr>
<tr>
<td>AMOUNT GIVEN:</td>
<td>$ 1,000.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CLASS OF ACTIVITY:</th>
<th>DONATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>DONEE'S NAME:</td>
<td>INSTITUTE FOR RESPONSIBLE TECHNOLOGY</td>
</tr>
<tr>
<td>DONEE'S ADDRESS:</td>
<td>P.O. BOX 469</td>
</tr>
<tr>
<td></td>
<td>FAIRFIELD, IA 52556</td>
</tr>
<tr>
<td>RELATIONSHIP OF DONEE:</td>
<td>NONE</td>
</tr>
<tr>
<td>ORGANIZATIONAL STATUS OF DONEE:</td>
<td>CHARITABLE</td>
</tr>
<tr>
<td>AMOUNT GIVEN:</td>
<td>$ 5,000.</td>
</tr>
</tbody>
</table>
STATEMENT 4 (CONTINUED)
FORM 990-PF, PART I, LINE 25
CONTRIBUTIONS, GIFTS, AND GRANTS

DONEE'S NAME: NATIONAL VACCINE INFORMATION CENTER
DONEE'S ADDRESS: 407 CHURCH ST, STE H
                      VIENNA, VA 22180
RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE: CHARITABLE
AMOUNT GIVEN: $ 160,000.

CLASS OF ACTIVITY: DONATION
DONEE'S NAME: CONSUMERS FOR DENTAL CHOICE
DONEE'S ADDRESS: 316 F STREET, N.E., SUITE 210
                     WASHINGTON, DC 20002
RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE: CHARITABLE
AMOUNT GIVEN: 10,000.

CLASS OF ACTIVITY: DONATION
DONEE'S NAME: AMERICAN ENVIRONMENTAL HEALTH STUDIES PR
DONEE'S ADDRESS: 82 JUDSON ST
                        CANTON, NY 13617
RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE: CHARITABLE
AMOUNT GIVEN: 10,000.

CLASS OF ACTIVITY: DONATION
DONEE'S NAME: ALLIANCE FOR NATURAL HEALTH
DONEE'S ADDRESS: 1350 CONNECTICUT AVE NW, 5TH FLOOR
                          WASHINGTON, DC 20036
RELATIONSHIP OF DONEE: NONE
ORGANIZATIONAL STATUS OF DONEE: CHARITABLE
AMOUNT GIVEN: 5,000.

TOTAL $ 191,000.

STATEMENT 5
FORM 990-PF, PART II, LINE 10C
INVESTMENTS - CORPORATE BONDS

<table>
<thead>
<tr>
<th>CORPORATE BONDS</th>
<th>VALUATION METHOD</th>
<th>BOOK VALUE</th>
<th>FAIR MARKET VALUE</th>
</tr>
</thead>
<tbody>
<tr>
<td>CITIBANK N.A. ENHNC LKD 4.75%</td>
<td>MKT VAL</td>
<td>$ 99,620</td>
<td>$ 98,780</td>
</tr>
<tr>
<td></td>
<td>TOTAL</td>
<td>$ 99,620</td>
<td>$ 98,780</td>
</tr>
<tr>
<td>NAME AND ADDRESS</td>
<td>TITLE AND AVERAGE HOURS PER WEEK DEVOTED</td>
<td>COMPENSATION</td>
<td>CONTRIBUTION TO EBP &amp; DC</td>
</tr>
<tr>
<td>-----------------------------------</td>
<td>-------------------------------------------</td>
<td>--------------</td>
<td>--------------------------</td>
</tr>
<tr>
<td>DR. JOSEPH M. MERCOLA</td>
<td>PRESIDENT</td>
<td>$ 0.</td>
<td>$ 0.</td>
</tr>
<tr>
<td>3200 W. HIGGINS RD.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOFFMAN ESTATES, IL 60169</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>STEVEN RYE</td>
<td>CEO</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>3200 W. HIGGINS RD.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HOFFMAN ESTATES, IL 60169</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>JAMES LARSEN</td>
<td>VICE PRESIDENT</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>3200 W. HIGGINS RD.</td>
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<tr>
<td>HOFFMAN ESTATES, IL 60169</td>
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<tr>
<td>JANET SELVIG</td>
<td>SECRETARY</td>
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<tr>
<td>HOFFMAN ESTATES, IL 60169</td>
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<tr>
<td>AMALIA LEGASPI</td>
<td>TREASURER</td>
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<td>3200 W. HIGGINS RD.</td>
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<tr>
<td>HOFFMAN ESTATES, IL 60169</td>
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<tr>
<td></td>
<td>TOTAL</td>
<td>$ 0</td>
<td>$ 0</td>
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